The Intramural Sports Program

Is one of the largest co-curricular activity programs that complement the formal academic curriculum. It offers extensive opportunities to currently enrolled South Carolina State University (SCSU) students, faculty, staff and their spouses/partners to engage in a number of competitive and structured activities each year. Participation in the program is voluntary and determined solely by interest. Participation can provide one with opportunities to have fun, learn new sports, meet people from other cultures, test one's physical ability as well as offer a break from the academic routine. Team sports generally take on a league structure and a post-season tournament to determine champions. Special events range from one-day to several day tournaments. In most events, skill levels and divisions are established to allow competition for men's, women's and co-educational teams. Varsity sports athletes may not participate in the intramural sport that coincide with their varsity sport (ex. Football players – flag football; basketball players – basketball; softball players – softball, etc.)
WEIGHT ROOM

Managing the weight room is a demanding job. There are many students who desires to come and use the weight room facilities. On a typical day there are over 50 students who come in and out of the weight room. Protocol

1. Check student ID
2. Write down Student s name and campus ID number to verify they are students.
3. Keep tabs on every student in weight room.
4. Maintain the cleanliness and organization of the facility.
5. Keep track of how many student enter the facility to turn into Student Affairs.

All Posted Rules and Regulations Must be Followed!

ID and check in at ALL TIMES!