



Dukes Gymnasium

Dukes Gymnasium provides an athletic facility for students who are not affiliated with the University athletics in varsity sports. Dukes Gym offers a weight room opened between the hours of 4:00 pm-9:00 pm Monday – Thursday and 12:00 pm-.3:00pm on Fridays. The gym floor consist of 2 basketball goals and a place for yoga activities. Dukes Gymnasium is also the threshold of the Office of Intramural Sports. The director of the gymnasium manages intramural flag football (Fall semester), basketball (spring), co-ed volleyball (spring) as well as other sports as requested by students with enough interest.



The Intramural Sports Program

Is one of the largest co-curricular activity programs that complement the formal academic curriculum. It offers extensive opportunities to currently enrolled South Carolina State University (SCSU) students, faculty, staff and their spouses/partners to engage in a number of competitive and structured activities each year. Participation in the program is voluntary and determined solely by interest. Participation can provide one with opportunities to have fun, learn new sports, meet people from other cultures, test one's physical ability as well as offer a break from the academic routine. Team sports generally take on a league structure and a post-season tournament to determine champions. Special events range from one-day to several day tournaments. In most events, skill levels and divisions are established to allow competition for men's, women's and co-educational teams. Varsity sports athletes may not participate in the intramural sport that coin side with their varsity sport (ex. Football players – flag football; basketball players – basketball; softball players – softball, etc.)



INTRAMURAL SPORTS



INTRMURAL SPORTS MISSION

“Intramural Sports’ mission is to provide activities and programs that enhance wellness, fitness and healthy lifestyles of students, and faculty/staff at SC State University.”

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Intramural Sports Offered



Basketball
Basketball

Football
Football



Softball
Softball

Other Sports
with Interest!

WEIGHT ROOM

Managing the weight room is a demanding job. There are many students who desires to come and use the weight room facilities. On a typical day there are over 50 students who come in and out of the weight room. **Protocol**

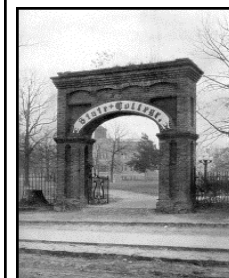
1. Check student ID
2. Write down Student s name and campus ID number to verify they are students.
3. Keep tabs on every student in weight room.
4. Maintain the cleanliness and organization of the facility.
5. Keep track of how many student enter the facility to turn into Student Affairs.

**All Posted Rules
and Regulations
Must be Followed!**

ID and check in at ALL TIMES!



Dukes Gymnasium History



Dukes Gymnasium was the one and only athletic facility on the Campus of SC State University since the

doors were opened as a land grant college in 1896. Erected in 1932. Before the Student Center was established there were tennis courts in front of the gymnasium as well as a 12 ft deep pool on the inside (No longer in use). Volleyball (still playing here), basketball games, parties and every formal event was held at Dukes Gymnasium. When the establishment of the Smith Hammond Middleton Center was set in place. Dukes Gymnasium was named as the Intramural Sports Center.

Dukes Gymnasium

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