

INTRAMURAL SPORTS DUKES GYM HOURS OF OPERATION

FALL 2010 Weight Room Schedule

BASKETBALL FREE PLAY at the OUTSIDE COURTS by Mitchell Hall ONLY!

Monday/Wednesday

(Closed until 3:45 pm – for Physical Education Classes)

4:00 pm - 9:30 pm

(Will be Closed until 5:30 or 6:00 pm on Flag Football days! No one can sign in weight room 30 mins before closing)

Tuesday/Thursday

11:00 am - 2:00 pm (Closed 12:45 pm - 3:45pm)

4:00 pm - 9:00 pm

(Will be Closed until 5:30 or 6:00 pm on Flag Football days! No one can sign in weight room 30 mins before closing)

Friday

10:00 am - 4:00 pm

Everyone must sign in at the Intramural Office (Ofc. 5) before going downstairs!

ID CARD REQUIRED (Student or Staff ID Cards Only)
and must be left with the Intramural Office (Ofc. 5) Staff!

Times Subject to Change without Notice! Gym Attire required at all times!

No Shoes or Timberlands (Sneakers Only)

NO HEAD WEAR (HATS, SCARFS, WAVE CAPS or DoRags)