

South Carolina State University Sapphire Pom Squad Application



Application must be turned in by Monday, March 31, 2014
If you have NOT been a part of the SC State Cheerleading program before, please include with your application **one letter of recommendation** (i.e. teacher, coach, mentor).

Send Application to:
South Carolina State Cheerleading
ATTENTION: George Brisbon/Dukes Gym
300 College Street NE
Orangeburg, SC 29117
Application may be turned in on the first day of tryout



| a new state of mind

Office of Cheerleading and Spirit
Division of Student Affairs

Sapphire Pom Team Application

Please Circle One: Returner/New Member

Full Name: _____

Address: _____

Home Phone Number: _____ Cell Phone: _____

SC State e-mail address: _____

9000/900 or Social Security Number: _____

Current Class standing: _____ Birth Date: _____

High School Name/Hometown:

EXPERIENCE: Scholastic, Studio and Competitive Dance Experience:

INJURIES: Please list any and all injuries past or present that have occurred in reference to dance/gymnastics/cheerleading.

MEDICAL HISTORY: Please list any medical condition that is present that may or may not interfere with specific duties concerning the SC State Spirit Program. (i.e. Allergies, diabetes, corrective lenses,etc.)

SIZE INFORMATION: Please circle only one per category below:

T-shirt Size	Warm up	Sports Bra	Briefs	Jazz Pant	Shorts
S M L XL	S M L XL	S M L XL	S M L XL	S M L XL	S M L XL

Sneaker Size: _____ Jazz Shoe: _____

****IMPORTANT NOTICE****

The undersigned is aware of and acknowledges the risks associated with the participation in cheerleading/dancing/mascot activities, including but not without limitation, the risk of catastrophic injury, paralysis and even death. Nevertheless, it is the undersigned's desire to participate and to try out for the SC State Spirit Program at South Carolina State University. The undersigned assumes all risk of injury associated with the tryout, and specifically agrees to indemnify and hold free and harmless South Carolina State University from any and all claims or causes of action arising out of his/her participation in the tryout, no matter what the cause. The undersigned further acknowledges and certifies that he/she is at least 18 years of age.

Application Check list:

- ___ If an SC State Student; copy of class schedule and Unofficial GPA Audit
- ___ If a transfer student or incoming freshman; copy of acceptance letter to SC STATE
- ___ Copy of last physical (within 6 months)
- ___ Copy of Sickle Cell Test results
- ___ All applicants; copy of insurance card front and back
- ___ All applicants; copy of SC State Waiver form
- ___ All applicants; copy of photo ID

The score sheets are the property of the South Carolina State University and **ARE NOT MADE PUBLIC. ALL JUDGES DECISIONS ARE FINAL.**

Signature: _____ Date _____

Signature of Applicant having read and understood the above notice

If under age 18, this form **MUST** be signed by a parent or guardian prior to participation.

Parent/Guardian Signature _____ Date _____

SC State Cheerleading Team General Tryout Information Tryout Eligibility

- Anyone who is a full time student at SC State or has received a letter of acceptance may tryout. This includes incoming freshmen and transfer students. Current SC State students must have a minimum 2.5 GPA and be free of any academic or disciplinary probation
- Current Student(s) - ensure that you are eligible for tryouts.
- Incoming students- get your application in to the university as soon as possible to insure that you are accepted to attend SC State.
- Physical condition- Our cheerleading team members are competitive athletes who in addition to doing a variety of aerobic workouts the cheerleaders also lift weights. We have listed some tips below to help you prepare for cheerleading tryouts at SC State.

Physical Preparation Tips for Tryouts

A large portion of our tryouts are spent on basic skills, technique, the cheer, chant, & dance. Below are additional tips to help you prepare:

- SC State Open Gym Clinics- These clinics are designed for men and women who are trying out for college squads and want to work on college level basic techniques. Current High School students or current SC State students interested can attend. Prospective cheerleaders will have an opportunity to meet our coaching staff and stunt with our team members. This is an excellent opportunity to improve your skills and can provide an invaluable experience.

****All interested candidates may send an email to Coach Rahn Scott rscott8@scsu.edu (Cheerleading) or Coach Kemberly Green kem.Greene@yahoo.com (Sapphire) for more information.

- Physical Fitness- Begin to add some type of aerobic activity to your current workout regimen. We strongly encourage that you add a combination of long distance running, weight lifting, & circuit training to improve your overall ability to perform at your highest level.

Material learned and skill requirements: *Each prospective cheerleader will be evaluated on the following:*

- Motions (a cheer and a fight song/ band dance will be taught)
- Jumps (Jete, seconds, and toe touch)
- Chant & Cheer
- Dance
- Ability to lead and engage a crowd
- Interview
- Splits
- Battement (kicks)
- Pirouette's

Method of Evaluation

The candidates are evaluated by a panel of judges selected by the SC State coaching staff. Judges range from administrators, faculty, & alumni cheerleaders, and professional cheer coaches.

Ultimately each team is selected by the coaching staff at South Carolina State University.

Cuts are made after each session until the final day when the team is named. Tryouts will be a closed session all three days.

Tryout Feedback

If you would like to set up a meeting to review your scores or receive feedback via email Program Director George Brisbon and Coach Kemberly Green will be available on May 6, 2014. Parents and/or previous Coaches will not be able to receive feedback on scores of participants who have tried out.

Additional Tryouts

Additional tryouts will only be held if positions are not filled at the spring tryout or if positions become available throughout the year.

Fees and Dues

Each squad member of the team is expected to pay a **non-refundable** Spirit Program Fee of \$350.00. The money collected will be used to purchase essential items for the program. Money can be paid in increments.

Tryout Schedule & Locations

Tryouts for the 2014-2015 Sapphire Pom Team tryouts will be held on April 11th-13th.

Tryout Schedule

- Friday April 11th from 6-9:30 p.m. in Dukes Gymnasium
- Saturday April 12th from 9-1 and 4-7 p.m. in Dukes Gymnasium
- Sunday April 13th from 2-7 p.m. in Dukes Gymnasium

Frequently Asked Questions:

What to Wear

Our school colors are Garnet, Blue, and White. These are the colors that we recommend you wear to the tryout but, it is acceptable to add Gray or Black as your bottoms (example; Blue and/or White Sports Bra, with Garnet, White, and / or Gray/Black Shorts.) It may be helpful to note that our cheerleaders have a very clean and neatly groomed image.

Practice shorts and a T-shirt, tank or "full length" sports bra. Please refrain from wearing anything to "baggy". Females' hair and makeup should be game-ready. Generally, our team wears make-up that matches the skin-tone and is natural as possible w/ red lip stick

Please note:

- 1.) *No jewelry of any kind is permitted (belly rings and other body piercings.*
- 2.) *Recommend that you cover any tattoos.*

What to Bring the First Day of Tryouts

1. Completed tryout packet
2. Copy of your SC State Student I.D.
3. Copy of your acceptance letter.
4. Copy of your medical insurance card.

*** Please do not bring the originals as a copy machine will not be available***

Is prior cheerleading experience required?

- Experience is not required, but highly recommended. Basic cheerleading skills such as jumps, motions, technique, and tumbling can be a plus.

Can I Tryout by Sending a Video Tape?

- Yes, but our program prefers that you make every effort to be present at cheerleading tryouts. Please contact a member of the coaching staff to find out details.

Hotels Located Close to SC State University:

- 1) Fairfield Inn (803) 533-0014
- 2) Holiday Inn & Suites (800) 939-4249
- 3) Country Inn & Suites (803) 928-5300
- 4) Sleep Inn (803) 531-7200

SC State Spirit Program Contact Information:

Rahn Scott, Cheerleading Coach (803) 664-0477 Email: rscott8@scsc.edu or rahnscott8@gmail.com

Kemberly Greene, Sapphire Coach (803) 928-0915 Email: Kem.Greene@yahoo.com

George Brisbon, Program Director (843) 693-2801 Email: Gbrisbo1@scsu.edu

What to do if you have applied but have not been accepted to SC State?

If you have applied to SC State University but have not been accepted,

- We recommend that you regularly check your admissions status on line to be certain that they are not waiting for information from you. You may also set up an appointment with admissions counselor to review your potential.